

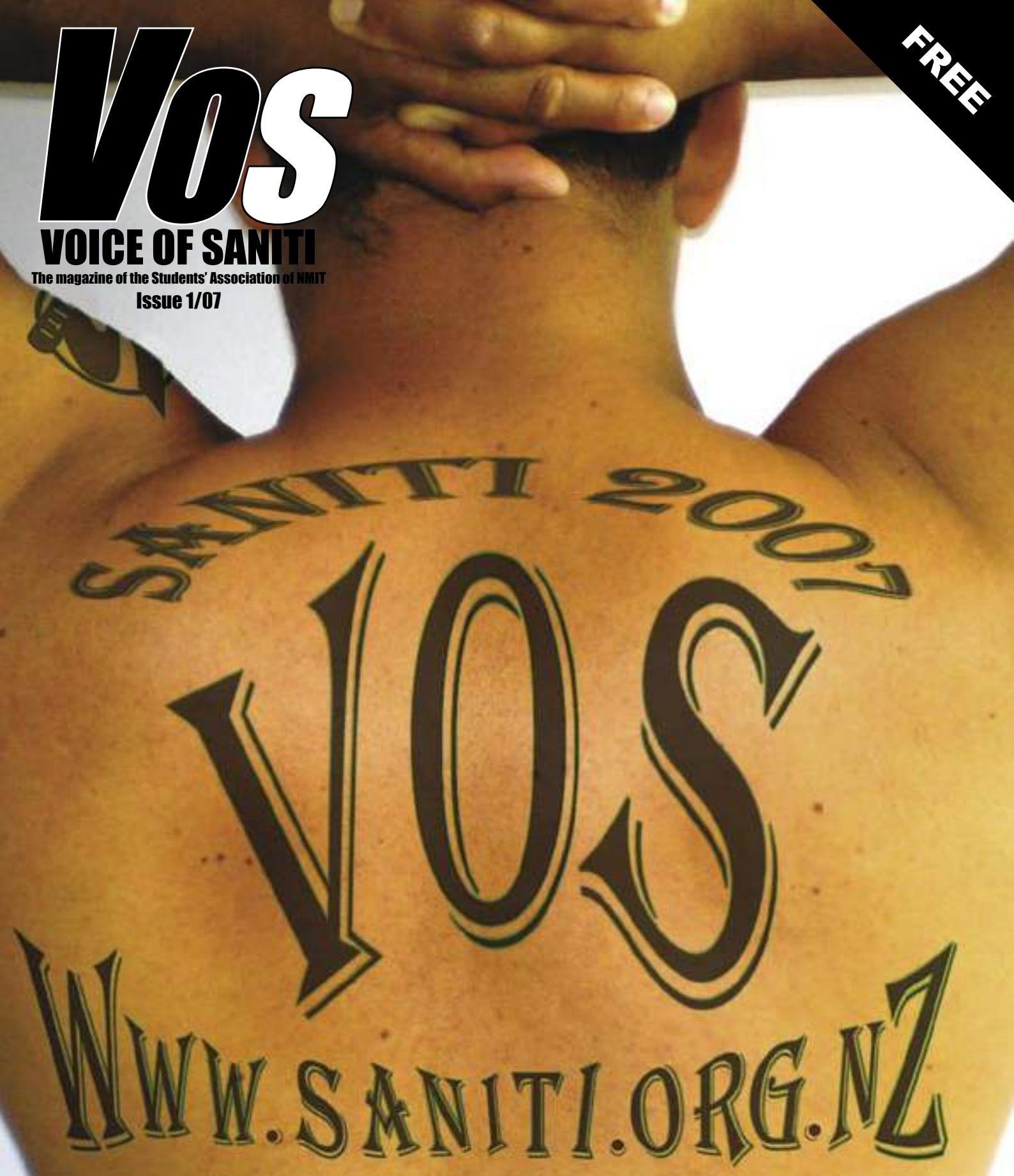
# Vos

## VOICE OF SANITI

The magazine of the Students' Association of NMIT

Issue 1/07

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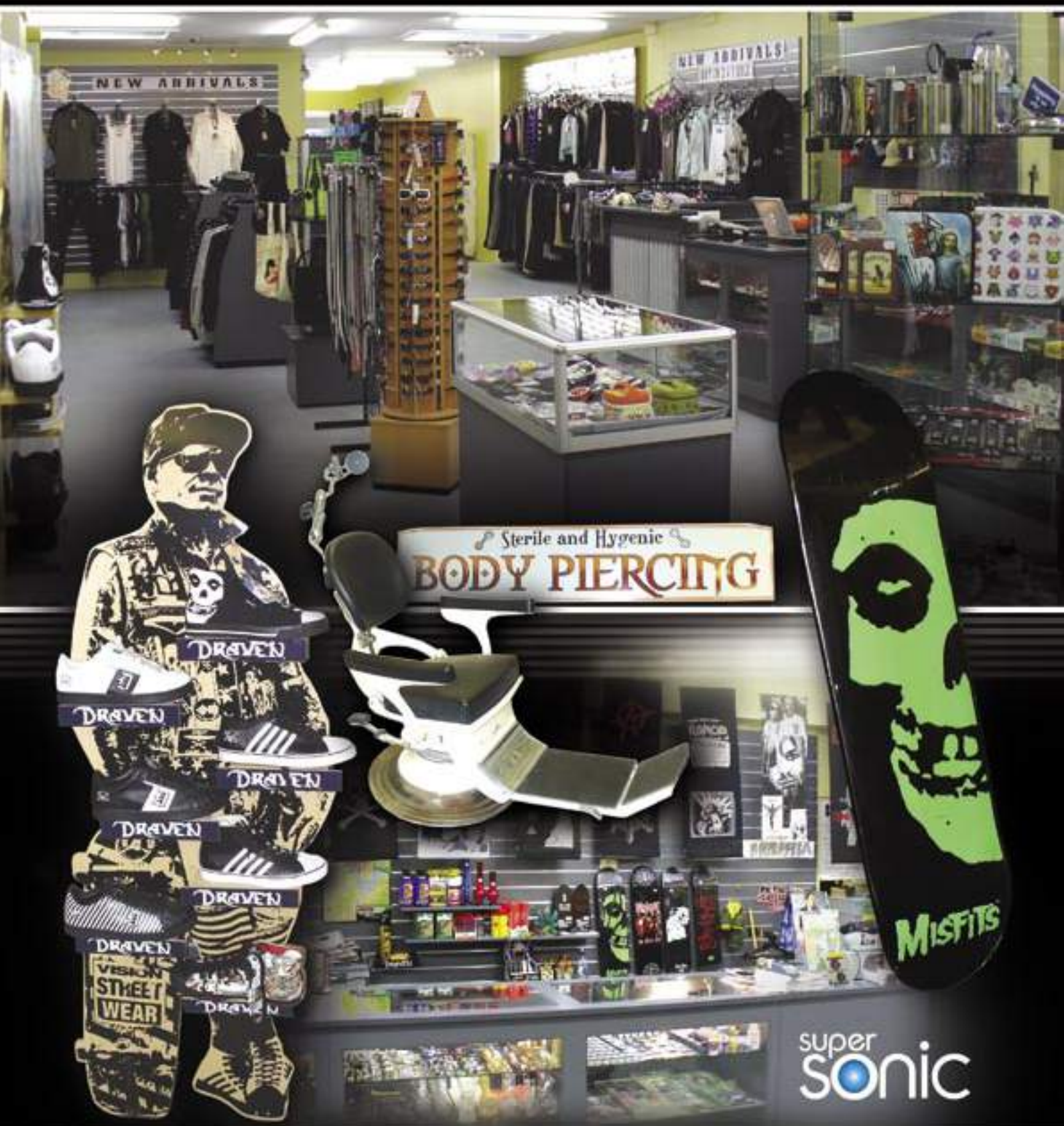
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# Vos

## Voice of SANITI

**Magazine of the Student  
Association of NMIT**

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## Da Prez Sez

Welcome; Nau mai, haere mai; Malo e lava mai; Guten tag; Foon ying; Huan Yin; Mingalaba; Irashaimasu; Valkommen; Merhaba.

SANITI is an independent student voice that: belongs to students, is student- funded and is governed by students. All the energies and resources of the Association are directed specifically towards "Ensuring a Fair Deal for Students". The SANITI President represents the views of the students to NMIT staff; on the NMIT council and the Academic board, and on other NMIT committees. It is also the job of Student Presidents to communicate the needs and wishes of students nationally and within their respective communities.

As your Student President I would like to take the opportunity to wish you all the best in your studies in 2007. You have embarked on a journey into tertiary education that will challenge you, excite you, frustrate the heck out of you and ultimately, reward you. You will learn new boundaries, meet interesting people and discover your true potential. People study through NMIT for a wide range of reasons; whether that be to up-skill, re-educate, socialise or relax; you have the ability to determine how successful you will be.

For returning students, I look forward to catching up with you over the next few weeks and encourage you to consider becoming involved in the association at the Class Rep or Executive level. Your Student Association needs you! For more information on either of these (and much more!) go to the all new, [saniti.org.nz](http://saniti.org.nz).

SANITI thrives on the prospect of empowering students to be all that they can be and we're always keen to get feedback, input, ideas and suggestions. You don't have to wait until you have a problem before you come in, phone or email. We'd love to hear from you. (Again all SANITI staff contact details and the office location are at [saniti.org.nz](http://saniti.org.nz).) You may even like to submit an article for this very magazine. (See page 6 to see how).

Wherever you are studying I wish you all a successful, enjoyable and memorable year,

*Allan*

Regards,  
Allan Bruning  
SANITI President 2007



## Features

**How To Survive Financially in '07**  
**Everything You Need To Know In**  
**Survivor Student Island**



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**Graduate Profile: Kainga Ropiha.**  
**'The World of Ta Moko'**



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**A 20 Year-Old Bus, A Pilot And A**  
**Wild Ride Ahead**



10



# VOS On Campus



1. Certificate in Aircraft Maintenance grads enjoy a cold one at the SANITI Marlborough Grad after-function.
2. The SANITI sausage was nowhere to be seen in Marlborough, the food was flash as man!
3. The smiles say it all - congrats to these Viticulture students.
4. Graduating students arrive back on campus ready to partee!
5. The SANITI Vice prez gets accosted at the Nelson party.
6. The graduates just keep on arriving in Nelson...
7. Hey, we did it! Grads chilling out in Nelson.
8. ... and arriving..... over 400 graduated in Nelson in 06.
9. ... SANITI Prez Al with chuffed graduate (& SANITI exec), Maree McGovern.
10. Shane Graham addresses the graduating students of Te Tari Maori.
11. Da Prez with Bachelor of Nursing graduate, Sean O'Keefe. (A big thanks to this long-serving SANITI exec and good luck in Oz!)
12. Al & still more grads.



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# ★ VOSSIP ★

1. What is the weirdest summer job you've had or heard of?
2. Should students get paid a student allowance over the summer break so they can actually have a holiday?
3. What is your idea of a summer romance?
4. What was your most important New Years resolution?
5. At a BBQ what would you rather be the bread, the sauce or the sausage and why?



## Abbie Brown

1. I once had a mate who was employed to check the sex of chicks. As in hens and roosters.
2. No because its part of the student experience to look for a summer job
3. Butterfly kisses, long walks on the beach and candle light dinners
4. World peace and harmony
5. A piece of bread cause I have no time for sausages



## Carl 'Merv' Mortimer

1. 'aw crickey, Once stuck my arm up a cows arse. **Q. As a vet?** **A.** Nah mate, as a drunk
2. Too right mate, could do with a bit more coin
3. Love'em and leave'em mate
4. Easy mate, love'em and leave'em
5. I'm a sausage that goes in the bread to make the sauce, mate.



## Dave Marinkovich

1. Cleaning Port-a-loo's at the Motueka AMP show
2. Hell yeah, the governments got enough cash
3. Pinacolada's and cool walks in the rain
4. Stop playing with my joystick and handle the thing like a man
5. I'm more of a meat pattie



## Jay Bevin

1. Human projectile
2. Yeah why not
3. Crate of Tui in the back seat of the car with the missus
4. Drink more Tui
5. I'm a sausage, a big sausage. More like a dog roll



## Julie Ingram

1. Cleaning Crime scene's guts, blood and body parts that kinda shit
2. Yes, only if you pass with distinction
3. Jelly wrestling my arch-nemesis, the midget from Bay flight
4. Strive to be a better person, yeah right
5. I think I prefer to be the bread, that's where the sausages go



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# SURVIVOR STUDENT ISLAND

**Location:** Select from:

- a) Low rent flat in any part of town that includes the word 'Valley' (Irish word meaning your place will get sun only between 11am and 2pm). Flat must include at least 1 arsehole flatmate and 1 freeloader. (cleaning optional)
- b) Mum and Dad's place (single bed complete with Dora the Explorer, Ninja Turtle or floral duvet cover + no sex!).
- c) Private board (alternative spelling – 'bored').
- d) Nikau Apartments – Where you can enjoy your time off-campus on campus – yay!

**Synopsis/Plot/Outline:** A whole heap of unsuspecting people sign up for courses that may or may not lead to employment. As part of the challenge they're Outline also made to take out massive student loans and then survive for an entire year on less than what they'd get on the dole. Hooray!

**Prize:** Are you kidding!

Welcome to student life. For those of you who thought your biggest challenge this year would be handling the rigors of study, exams, assignments and those (for your own good) 2% tests – here's the good news. All that's a piece of piss compared with handling your oh so minuscule cash. (Hah, too late to take Commerce now sucker!) So, before things turn to custard and come out pear-shaped (you'll be using food idiom by July too – that's cause you'll have just eaten the last of the rind off your refill paper for brekkie – mmm dee-lishus), here's some pointers on student finances that might get you through.

**Fact:** The Ends *Don't* Meet – as a student finding alternative income is essential. Be prepared to beg, borrow, steal or work and start now!

## Example: A flat with 3 or 4 students under 25\*

Income		Weekly Expenses	
Student Loan		<b>1) Must haves</b>	
Living costs	\$150	Rent	\$90
Or		Power	\$10
		Food	\$45
		Toiletries	\$6
		Transport	\$20
Student Allowance	\$144.92*	H/P or appliance rental	\$3
Accommodation benefit	\$32	Bank fees	\$1
Balance of living costs available on student loan	\$5.08	<b>Subtotal 1:</b>	<b>\$175</b>
<b>Total</b>	<b>\$182</b>	<b>2) Wants</b>	
*Rates differ for over 25s, couples & those with dependents		Mobile	\$5
		Snacks/lunch	\$25
		Entertainment	\$25
		Phone/Internet	\$5
		<b>Subtotal 2:</b>	<b>\$60</b>
<b>TOTAL INCOME:</b>	<b>\$150 or \$182</b>	<b>TOTAL EXPENSES:</b>	<b>\$235</b>
<b>WEEKLY SHORTFALL:</b>	<b>\$53 - \$85</b>		
<b>* Over 40 weeks that's a shortfall of \$2120 - \$3400</b>			

### Options:

Move back home? Find part-time work?  
Reduce expenses? ??? .....

### But Wait there's More !!

Other common student costs include:	Approx \$ per annum
Textbooks, stationary, printing, discs etc	\$800
Bond/Flat set up	\$500
Trips home	\$300
Clothing/Shoes	\$500
Sports/ Gifts/ Insurance	\$200
Medical/ Dental/ Haircuts	\$300

**TOTAL:** **\$2600!!!**

### How can you cover these?

- ? Claim the Student Loan Course-related costs of \$1000
- ? Access a tertiary account overdraft (These vary from \$500 to \$2000)
- ? Use up any personal savings
- ? Help from family
- ? Savings from part-time work or earnings from previous summer

### With an annual shortfall in the region of \$5000 students need to:

- Plan ahead (Don't wait til you're on the street, hungry & broke)
- Do a budget (www.sorted.org.nz has a great student budget calculator!)
- Get real, if you can't afford real coffee get used to it!
- Use blankets not heaters!
- Get a toll bar – it's free if you do it at the time of connection, later on & they'll charge you. If your flat really needs to make toll calls get a Calltrack Pin . It costs \$3.95 a month for up to 4 pin numbers but you'll avoid arguments with your flatties and won't get any nasty surprise bills.
- You can't buy lunch everyday & party on the weekend. Pick one!
- Get organized – if you qualify, make sure you apply for your student allowance by at least the end of the first week of your course. If not you will miss payments and they wont be backdated! Scabbing off mates in week 3 is not cool!
- Would you like student fries with that? Always ask businesses if they offer a student discount and apply for a community services card if you haven't already got one. Most kiwi students qualify.
- Make sure you've switched to a student account at your bank. You'll save on bank fees and usually get access to an interest free overdraft. For example: this year Kiwibank are offering tertiary students: no account or transaction fees, up to \$2000 overdraft, a lower interest credit card and a (2 person access) flat account option. And whatever bank you're with, don't use another banks ATMs they usually cost plenty !!!
- Make sure all your Flatmates sign the tenancy agreement and are registered on your phone and power accounts. That way you'll share the responsibility and liability equally – if not the beer.



### **Know what you're entitled to and apply for it!**

eg: If you're on the student allowance you probably qualify for up to \$300 emergency dental treatment through WINZ but you need to get a quote from the dentist and fill out the right forms first. You can't apply after the work is done! Other special needs grants via Studylink/WINZ relate to emergency medical treatment, emergency food and Work start. Sometimes they can also give you an advance for bond, overdue power bills and a few other things. These advances have conditions & need to be paid back. Some students also qualify for a Disability Allowance for above average health related costs. Go to [www.studylink.govt.nz](http://www.studylink.govt.nz) for more info.



### **What happens if you can't find work over the summer break?**

If you think you might have problems finding work over summer make sure you apply for the Unemployment Benefit Student Hardship (UBSH) at least 2 weeks before your course ends. You need to get the forms in person from Studylink and there's a 1 week stand down period. If you get a job you can simply cancel it, but if your job pays less than \$281 gross per week (or \$321 gross if you're over 25) you can still be paid a reduced UBSH amount. Students on UBSH can earn up to \$80 a week without affecting their benefit. Students who don't qualify for a student allowance may still qualify for UBSH — fill in the Additional Hardship Info form on the Studylink website.

### **How much can you earn on the Student Allowance?**

You can earn up to \$180 a week (before tax) without affecting your student allowance. Any earnings over \$180 a week will reduce your student allowance by the same amount. But remember, whatever you earn you need to tell Studylink at the time, otherwise you could end up having to pay back overpayments when you can least afford it.

### **Can't get an allowance or loan and can't get into the pub?**

Well, WINZ won't help with the pub, but you (or at least your folks) might qualify for the Away from Home Allowance. Although it sounds like a Disney Movie, it's there for 16 or 17 year olds who don't have year 13, and due to circumstances don't qualify for an allowance or a loan but do need to live away from home for tertiary study. Your Ma or PA are the ones who have to apply so get them to call 0800 88 9900 for more info.

### **Family Assistance/Childcare Help/TIA**

If you've got kids you probably qualify for family assistance. Go to [www.ird.govt.nz/familyassistance](http://www.ird.govt.nz/familyassistance) to find out. Families with younger kids should also check with WINZ to see what childcare subsidies they can access. There's also something called the Training Incentive Allowance (TIA). If you're on either the DPB, widows' or disability benefit you should check to see if you qualify for TIA. Your course of study will need to meet "agreed employment goals".

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## Tax fax – the IRD stuff

### Student Allowance Recipients

If you receive the student allowance and have a part time job you need to be on the S tax code. Your allowance is taxed on the M code. The difference is 6 cents in the dollar, so depending on how much you earn you may choose to fill out the personal tax summary at the end of the financial year to see if you're due a refund.

### Those on a Student Loan only

You should declare your part time work at the M rate for your first job and any others that you might be juggling at the S rate (as long as your total income stays under \$38,000 p.a). You can fill out the forms with the IRD at the end of the tax year to see if you qualify for a refund of the difference.

## Working & Student Loan Repayments

If you earn over \$17,160 in a financial year you will have to pay 10 cents in the dollar on any amount over that limit. So if you earn \$18,160 you'll have to make student loan repayments on the additional \$1000 which will come to \$100. You need to ask the IRD for a Special tax Code (IR23BS) if you think this might apply to you. (More info @ [www.ird.govt.nz](http://www.ird.govt.nz))

## Keeping the Loan LOW

Not that it affects you right now, but keeping your Student Loan as low as possible is worth doing. Firstly, only borrow as much as you need – still paying for the beer you drank as a student when you're 40 is boring, and if you get part time work and don't need to get the maximum amount in living costs each week, don't.

**Scholarships – there's now more available!**

Apart from private scholarships and NMIT scholarships, (there's a list of these on the NMIT website) degree students can also apply for scholarships through Studylink. Step Up Scholarships are for approved Nursing and IT students aged between 16 and 24 and cover most of the fees, while 2nd year degree students on other courses can apply for 1 of 1000 Bonded Merit Scholarships, which pay up to \$3000 a year for up to 4 years. Every year some scholarships don't get awarded because no-one applied! Go on, it's gotta be worth a go.

Ref: [vuw.ac.nz](http://vuw.ac.nz), [studylink.govt.nz](http://studylink.govt.nz), [ird.govt.nz](http://ird.govt.nz), [winz.govt.nz](http://winz.govt.nz).



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# GRADUATE PROFILE

## KAINGA ROPIHA AND THE WORLD OF TA MOKO

Being able to incorporate a person's thoughts and desires into the age-old art of Ta Moko is what Kainga Ropiha does for a living. But to him Ta Moko is more than just a way to make a living, it's a passion.

Kainga Ropiha is a graduate of NMIT and the Te Rito o te Reo class of 2006. Tutor Marleina Leota remembers that as the only male student in a group of 18, Kainga had a special place in the class. "He was a great student to have because he brought a different element to the class environment. I could give him the guitar and he kept all the ladies happy." Now, in a joint-venture with three others, Kainga has recently opened 'Four Winds', a uniquely interactive boutique/café/ gallery cum tattoo parlour located at 109 High Street, right in the very heart of Motueka.

Having heard of the arrival of a Ta Moko tattooist in Motueka I initially approached Kainga with the idea of doing a graduate profile for the first issue of VOS for 07, but along with way I discovered a personal sense of longing and inspiration.

Of Rongomawahine ancestry and Takitimu waka and hailing from Wairoa, Kainga has been in the Motueka area for just over a year and is flourishing in the opportunity to be doing what he loves. Having initially picked up skills as part of a Ta Moko group known as Ruamoko, or full-face, Kainga smiles at his early efforts. "I first had a go on myself when I was in high school, then my little brother - 'cause he was smaller than me. Then I moved on to my cousins, always trying to find guinea pigs to hone my skills". Kainga is an accomplished wood and bone carver and finds inspiration for moko from this background. "That's where my patterns come from, it trains the eye to flow freely. Just as knowing how to read the grain and shape of wood gives me insight into different body shapes. Similar styles, similar kaupapa, just different surfaces".

On the day I rocked up to Four Winds, Kainga was preparing to tattoo Aaron, a young man who in 10 years in the army had seen action in East Timor and Iraq and is currently employed by a Private Security Company (PSC), again in Iraq. On leave from his job and wanting to gain a bit of balance in his life after living in the belly of Ngati Tumatauenga (The NZ Army) for so long, (Tumatauenga being the Māori god of war) Aaron was explaining his Whakapapa and life story to Kainga. Having heard what Aaron was seeking in a tattoo, Kainga suggested that Rongomatane be the kaupapa (theme) for the moko that would soon cover his back. As the god or bearer of peace, Kainga felt that living alongside Rongomatane (after 10 years under Tumatauenga) would provide the balance that Aaron was seeking. Te Ao Hurihuri (the creation) was suggested to cover the front of his chest to signify a new beginning. Aaron felt that the concept fitted well with what he was seeking for himself and his moko.

The sessions began with a karakia (prayer). Aaron sat straddled over an office-style chair; the moko would cover his back, arms and chest. "This Karakia is to keep the person safe from harm during the tattooing", explains Kainga who, at the age of 33 is a gifted and talented exponent of Ta Moko. "It [the karakia] keeps the process of Ta Moko in a state of Noa, simply described, Noa means common". The opposite of Noa is Tapu, the sacred state under which many traditional Māori customs must be observed. "Applying Noa allows the person being inked to become relaxed with the process, comfortable and open to receiving their Moko". Traditionally, under Tapu: the person receiving the Tattoo had to fast for the duration of the process; women were forbidden to watch; and many other traditional aspects, protocol and customs were required to be observed.

I watched spellbound as Kainga used a pen to draw the basic outline for the moko on Aaron's back. The process is completely freehand and unique; there are no draft papers or sketches of what the finished work will look like. "I listen to what the person has to say. We sit down and have a coffee and they tell me all about themselves and the reasons why they are here and what they are seeking". From this Kainga forms a mental picture of the moko from the key words in the conversation. He explains, "Not showing them a sample picture means there has to be a great deal of trust between me and the person I'm about to mark".

When Kainga laid the first line with his tattoo gun; Aaron flinched a little, so I asked what the pain was like. "I think of my brothers in the forces, being away from our families and those that I've lost and there is no pain, so to speak". However, the lifted eyebrow and wry smile told their own story too. Within 30 minutes most of one side of Aaron's back is tattooed with only the finer, more intricate detail left to do. After an hour of solid tattooing, one side of the back is complete. After a break and a ciggy it was back into it. From start to finish it took only 3 hours for Kainga to finish the back; with distinctive characteristics of Aaron's iwi (Tribe) also incorporated into what was clearly a masterpiece. "People from the same iwi will be able to recognise these features and will know straight away that they are from the same tribe and area, more than likely whanau (family)".

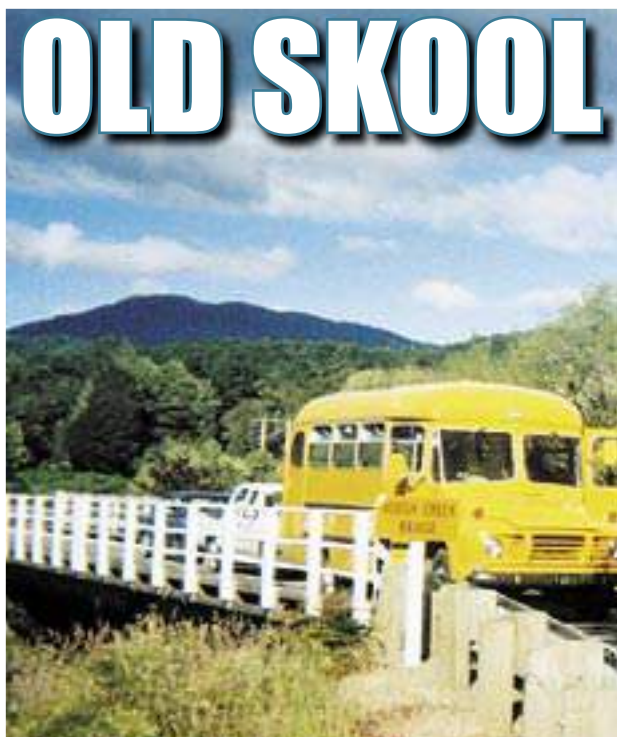
Along with observing the process I was able to talk with Kainga about the many aspects of tattooing, his whakaaro (thoughts), and philosophy. We talked about how to draw the lines, how to prepare the machines and how to prepare yourself for the task. "You must have confidence to cut the lines with the tattoo gun, lose that confidence and that's when things go wrong - when that happens you typically don't get paid." He laughs.

So if having your own Moko is not for you, I highly recommend a visit to Four Winds. You'll find that Kainga enjoys sharing ideas with others. "It's who we [Māori] are as a people, always sharing with others. It's the whole concept of aroha (love)". At Four Winds there's a vibrant atmosphere and visitors are free to roam in and out of the tattoo sessions (with permission of the tattooee) and the gallery, while the café provides wickedly scrumptious coffee and food. Having set out in search of the standard 'graduate makes good' story, I came away with so much more. I felt honoured and privileged to be allowed to observe, listen and experience such an awesome thing as Ta Moko and I thank both Aaron and Kainga for sharing their beliefs and experiences so freely.





# OLD SKOOL



**Some people might be of the opinion that pilots are just glorified bus drivers, (let's see them land a 50 tonne Airbus!), but in the case of one NMIT Diploma in Aviation student - it's actually true!**

**W**ell-known, Nelson-based, flyboy Vince Gardner is the proud owner and operator of what has to be the coolest, yellowest bus in town. Affectionately known as 'The Old Skool Bus', this bold yellow beauty is starting to become something of a local icon in the Nelson region. Vince and the banana on wheels were first sighted at Phat 06 - casually cruising from camp site to camp site offering people free rides. Legend has it that at one stage the 20-seater was completely full of young women (plus Vince) refusing to let any eager beaver boys on board. (Talk about your Kiwi Experience bus! - Gooo Vince!!!!). However, it was this year at 'the Phat', that boy and bus really came into their own. Due to the overwhelming numbers at the annual drum 'n' base event, not only did Vince and the Old Skool Bus transport a crowd of party-goers down from Nelson to the event but they also saved the day by ferrying masses of others from the bottom campsite, up the road to the main dance zones. As Vince tells it - "I'd waited the eight hours in line like everyone else before I could get in and set up my sight. I'd just finished creating a bar out of the end of an old trailer when Dave (one of the organizers) came up and asked if I could help them out". Basically - what was needed was a shuttle to move the masses to where they needed to be - fast. First up Vince and the bus transported kiwi dub reggae band Kora down the hill - it is VIPs first after all! And soon everyone was talking about Otto and the Springfield Elementary School bus (a nickname that stuck) as it became a regular feature up and down the 3k stretch of road.

By the end of the festival, hundreds of party-goers had taken the retina- stimulating, magical mystery trip up the gravel road to paradise. "I ended up doing about 20 return trips over three days" says Vince. "My last trip was at 11pm on New Year's Eve, but it was cool - everyone was really grateful to get moved and it was nice to know that I was helping people enjoy their New Year's night."

For anyone who might be getting the impression that it was all work and no play for our Vince - fear not, by all accounts he still managed to have a good time, partaking in all the festivities available until well into the wee hours of the morning.

Vince's pride and joy is a 1977, 7-metre, kiwi assembled, Bedford J3. At some point in her working life, her original engine was ripped out and replaced with a 5 speed, 4 litre, 6 cylinder, naturally aspirated, Mitsubishi Rosa bus engine. Built for comfort and coolness but not speed; she chugs along at about 90 on the open road. Vince purchased her in 2005 for \$5000 from a bus company in Canterbury who'd been using her to transport young farmer Joes and Janes to school in Oxford. She came with a trendy two-tone purple and white paint job but as eye catching as the two-tone was, Vince didn't wait long before spending another 5k to give her the face lift she deserved. (Not a bad spending spree for someone with a pilot-size student-loan balance). In homage to the classic school buses of North America, Vince was inspired to paint her yellow - 'National School Bus Chrome Yellow' to be precise. Then, because the bus was originally only designed to carry passengers the size of wiry Cantab farmer's offspring, Vince had to reconfigure the seat placements to make it legal to carry adults. A further 5k was spent on compliance costs and everything else needed to make her legal tegal and ready for commercial transportation. And once the bus was legal, there was a matter of achieving the same for the driver. Thanks to the zero-fee Road Transport Course held at the Nelson Technical Institute, Vince and the Old Skool Bus were (both) fully certified and ready for business by November 06. Vince admits that the whole process was pretty arduous. "Over the last year I've put a lot of time and effort into getting the bus up to scratch and ready for business". An understatement when you consider that over the same period that he was renovating the bus and studying for his passenger license, he was also working a full 40 hour week and taking papers in management and marketing at NMIT.

So if you've got an event that requires transport of up to 20 adults or 25 kids then don't choose the typical stale options, go for something a bit different; something cool like Vince's new Old Skool Bus. For all enquiries, call Vince on 021 060 6774

**Fact: In 1939 a conference was organised in New York to determine the color of school buses. National School Bus Chrome Yellow was selected to be the official color of all North American School Buses because the black lettering on that hue was easiest to see in the semi-darkness of early morning and late afternoon.**



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## Landing a Job in Aviation Just Got Easier!

Aviation is taking off – in every way. With the demand for air travel on the up and up (literally), global demand for pilots, engineers and other airline personnel is also increasing. So why is it that students who've spent gazillions training for a career in the industry are still finding it hard to get a job? Landing a job in aviation isn't like accounting or tourism – you don't tend to find a position by sifting through the sits vac or surfing on Seek. According to industry sources an 'information gap' is the problem. While there are people available to instruct on how to fly or fix the plane, up until recently, no-one has been available to offer graduating students the advice and guidance they need to take the next step and actually find a job.

Enter Aviation Careers, a new company set up by the Aviation Industry Association (AIA) to support and advise graduates looking to land that first job. Currently a web-based concept, Aviation Careers is aiming to become the first point of call for anyone seriously seeking to enter the industry. The site-itself [www.aviationcareers.co.nz](http://www.aviationcareers.co.nz), will launch on March 1 this year with the aim of "providing anyone looking to enter the aviation industry with a realistic appreciation of the challenges they're likely to face and the steps they'll have to go through to be successful with a career in aviation." The company hopes that this ready-access to information will enable anyone currently outside the industry to have an accurate insight into exactly what it will take to be successful in their chosen field. "Having the ability to draft a study and career plan effectively should also help people to achieve their goals in the minimum amount of time, and with the minimum cost in the end."

It's hoped that the site will eventually be able to deal with all professions associated with the aviation industry. Initially however, Aviation careers will focus on providing information on pilot training options and career pathways. As information on further career options is collated and layed-up, these too will become available online. Within a year or so the final list should encompass the following career options:

- Air Traffic Controller,
- Airport Maintenance Worker,
- Flight Attendant,
- International Air Express,
- Flight Instructor,
- Aircraft Loader/Cleaner,
- Aircraft Refueller,
- Aircraft, Aeronautical and Avionics Engineers.

Further developments to the Aviation Careers site will include an industry forum where people can discuss developments in the industry, ask questions of those more experienced in aviation and generally keep an ear to the ground about potential job vacancies both for graduates and those already in the industry. The site aims to develop strong links with the country's aviation related employers to enable Aviation Careers to become the site for aviation job-listers and hunters in this part of the world. Along with the ability to list vacancies, the site will eventually also provide employers with the ability to search CVs and profiles of suitable candidates; the profiles themselves being created by job-seekers logging on and becoming members of the site.

Finally, one big plus with this concept is its transparency and career relevancy. All of the information included on [aviationcareers.co.nz](http://aviationcareers.co.nz) is peer-reviewed to ensure accuracy and currency, and the site managers are keen to receive ongoing feedback, info and suggestions from students and industry professionals. So have a look and if you have any suggestions or ideas to contribute let them know via [www.aia.org.nz](http://www.aia.org.nz).



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## CHANGING YOUR MIND

*A New Year is a great time to make changes - it's like starting off on a clean slate. The trick is to make sure that by the end of the year the slate still says what you want it to say! Here's a few tips which might help you stick to your intentions.*

1. **Decide what it is that you really want to change and why!**
2. **Now ask yourself FIVE times "Why is this important to me?" (WITITM?)**

Here's an example:

"This year at NMIT I'm going to work harder and smarter."

**WITITM?** "Because last year I left everything until the last minute, got super stressed and failed the odd paper. I know I can do better."

**WITITM?** "If I work smarter and do better I'll pass everything the first time 'round and won't need to repeat stuff."

**WITITM?** "If I'm more in control and passing, I'll graduate sooner and better."

**WITITM?** "I'll get out of study and into earning sooner."

**WITITM?** "I'll be able to stop worrying about money and have more choices and more control over my life."

And there we have it! Working harder and smarter this year will give you more control over your life and more choices sooner. So every time you start to slack off a bit you can remind yourself of why it's important to YOU that you keep at it. Whatever it is you want to change in your life (health, fitness, finances, substance intake...) you can use this approach.

### Other good ideas to make change stick:

- Write it down. Words are incredibly powerful! When we write resolutions down, they move from a dream to a vision of what the changed state will look like and feel like.
- Use positive phrases. If I were to say "Don't think about pink elephants!", the first thing you'd do is conjure up a vision of just that; such is the power of dominant thought. So rather than saying "I'm not going to leave all my study to the last minute!", instead tell yourself "I'm going to work consistently throughout the semester".
- Work on one thing at a time. Be realistic. Build up to success one positive change at a time. Frankly, the "New you in 10 days approach" is rubbish!
- Work consciously on your change for up to 8 weeks. If the resolution doesn't feel integrated into your life after 8 weeks, have a break. A bit later it may become obvious why it wasn't working and you can give it another shot. Some changes do take a long time - that's fine, don't beat yourself up about it.
- Tell others what you're planning to change. There's nothing like the risk of public humiliation to keep you motivated.

Now - make it happen. Do it, go for it, grab it & enjoy your success. Whatever it is you want to change, you can do it in 2007!





# TOASTED SAMMIES (101)

**Note:** This course is a compulsory pre req for students considering taking Mince and You (220) in the 2nd semester

What other appliance can deliver you 3 meals a day for less than a buck a session? – even pud for the truly creative. If you're a new student you may think you can afford takeaways, but come April you and the Sammie maker are guaranteed to be tight indeed. You can pick up a classic machine for as little as \$19.95. (Forget those swanky sandwich presses and poncy panini makers unless you fancy scalding hot tinned spag on your bare thighs sometime soon). The classic Sammie makers are the ones that make 2 triangles with sealed edges and the best fillings are mushy, chunky and not too wet. Mmmm, sounding good already!

**Essential Ingredients:** At least 2 slices of bread (or fold one over if you're that broke). Stuff to put in it (See below)

## Breakfast Sammie Suggestions

(Just pretend it's a funny shaped Bagel)

- Tinned Spag or Baked Beans with grated cheese
- Egg and cheese
- Mashed spud with cheese
- Mushy leftovers less than 3 days old. (Spag bol is a good choice, salad is not!)

## Lunch

(Make ahead and reheat in the microwaves in the student caf)

- Tinned Tuna with cheese and pesto
- Cheese and sweet chilli sauce
- Creamed corn with cheese
- Beans or spag with cheese (again!)
- Leftovers (See cautionary note above)

## Dinner

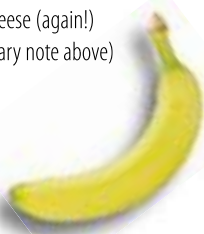
(Yes you will get this broke!)

- Any tinned mincey stuff or lentil stuff
- Pasta sauce from a jar with cheese (aka Student calzone)
- Anything your flatmate's cooking (He won't notice a missing spoonful)
- Anything listed above where there's still some left in the tin/fridge

## Dessert Sammie Options

(Serve on a scoop of icecream for special occasions)

- Mashed banana & chocolate
- Tinned apple chunks with cinnamon
- The Elvis Special: a couple of heaped dessertspoons of peanut butter with mashed banana on white bread, toasted then deep fried and covered in choc sauce. (MMMmmm can't you just feel those arteries hardening.)



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# Wine 101

**H**ave you ever sat in a bar or restaurant and watched some poncey git shove their nose in the glass and say something like "Ahh, what a great nose, nice and fruity with a touch of oak spice lifting the ripe blackberry aromas". Well there is a reason for smelling the wine but you don't need to go over the top about it.

One of the main reasons is to detect a faulty wine. Now we have screwcaps the problem of stinky cork taint has almost disappeared but much of what we taste is actually aroma (ever noticed how you can't taste much when you have a head cold?).

Swirling the wine in your glass releases the aromas in the wine and makes the wine drinking experience a little better. Swirling is a problem when the local bar uses small glasses and fills them to the top, they should put the same amount of wine in larger glasses. Pop in to Harry's Bar, buy a glass of wine, swirl it, drink it and taste the difference a big glass makes.



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## VINO 4 WINOS with local wine guru Neil Hodgson

**W**elcome to the new study year. While study is the main aim of the year for you I am certain there will be a bit of fun along the way. For those of you new to NMIT one of the first things you will learn to love are SANITI Sausages – they are world famous on campus!



This year I intend to help the great folk at SANITI bring you a bit of wine fun (and maybe a bit of beer and other stuff too) so I'm going to start the year with a small tasting event. More of that later – but first, what liquid goes best with SANITI Sausages? During tech hours I'm sorry but you can only have juice or water and because fish do naughty things in water I suggest you stick with juice.

If you've finished studying for the day or need a little something to help you write creatively, then I think you should try a few local wines. A great place to start is with the Seifried Estate range. Seifrieds make a range of wines with pricing to suit every pocket. Their Old Coach Road range is exceptionally good value for money. You can normally find it on special somewhere for about \$10 a bottle and just because it's the cheapest doesn't mean it's not good. In fact a couple of years ago Seifried Estate won gold medals at the Royal Easter Wine Show for each chardonnay they produce – Old Coach Road, Seifried Estate and their Winemaker Collection. And as far as I've been able to find out, this is the first time this has happened at any wine competition in New Zealand.

"Enough Neil, – what about the competition?" I hear you say. WeeeeIII – very soon I'll be arranging a fun event that will be open to 15 lucky students (aged 18 plus ☺). We'll taste five wines and five beers in a blind tasting (that means it's without the contestants knowing what the wines are.) Participants will be asked to taste the wines and beers and answer a few questions about what they think the grape variety or beer style/brand might be.

To be part of the tasting competition drop in to the SANITI offices and fill out an entry form. Entries are limited to five per person and we will draw 15 names to make up the tasting panel. Entries close March 9 and the tasting will take place on Friday 16th March. Naturally sponsors products and prizes will abound!

Cheers,

*Neil*

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# Vos On The Box?

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**Heroes -TV3, 9.30pm: Mondays.**

Let it never be said that the Ticketslappa is not a creature of firsts, first to the free food, first to the cheap drinks, first to take off my \_\_\_\_ ... well you get the general idea. Anyhow as a VOS first, I have chosen (for all you furniture ridden people of the vegetable inclination) to turn my steely gaze on a telly show. To be precise, a new programme screening Monday nights on TV3. As you've probably guessed, I'm just as susceptible as the next bar fly to a good drama series, in fact Anne of Green Gables still holds a warm place in my heart. (If you don't know it, shame on you and get thee to a video store forthwith!).

"Heroes" is the story of a group of seemingly unrelated individuals who begin to develop extraordinary abilities. As the story unfolds we watch as each person tries to come to terms with their new super powers and begins to integrate them into their lives. From Clair, the popular high school teenage cheerleader who discovers she's indestructible, to the Japanese office worker Hiro who has the ability to manipulate space and time; in each episode we see how every character struggles to maintain a "normal" life. Along with the basic story Heroes has also a few sub plots running — like the one involving artist and addict Isaac Mendez who paints scenes of the future whenever he's in a drug-induced trance (which appears to be quite often.) One of these involves the mass destruction of downtown New York so be careful where you decide to use up those Airpoints!.

Heroes is brought to us by Tim Kring creator of Crossing Jordan, Strange World and the Misfits of Science, an early 80's programme which also features people with superhuman abilities (as well as a very young Courtney Cox.) So far Heroes promises to be excellent viewing. I rarely get to watch much telly (what with the pole-dancing lessons and the girls' night at the pub) but I'm guessing that this show might just see me parked up at home ( phone off, fluffy slippers on) for a few more Mondays to come.



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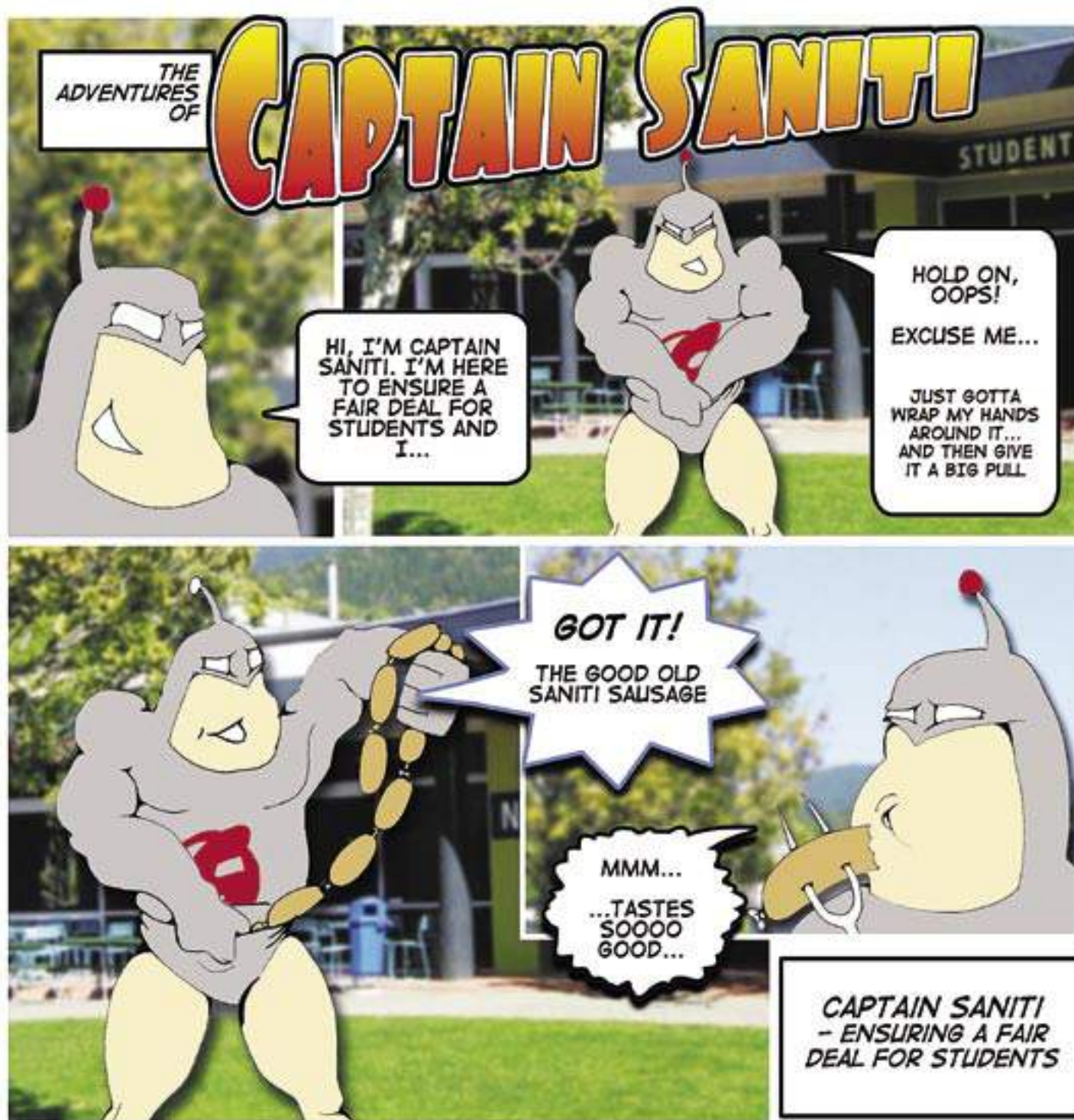
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A	K	B	E	N	T	F	U
G	A	B	O	I	Q	I	C
E	I	Q	U	F	O	R	K
S	A	N	I	T	I	Q	K

The Captain Saniti Wordfind Game.

pork  
bbq  
sausages  
fork  
saniti  
students

## Sausage Facts

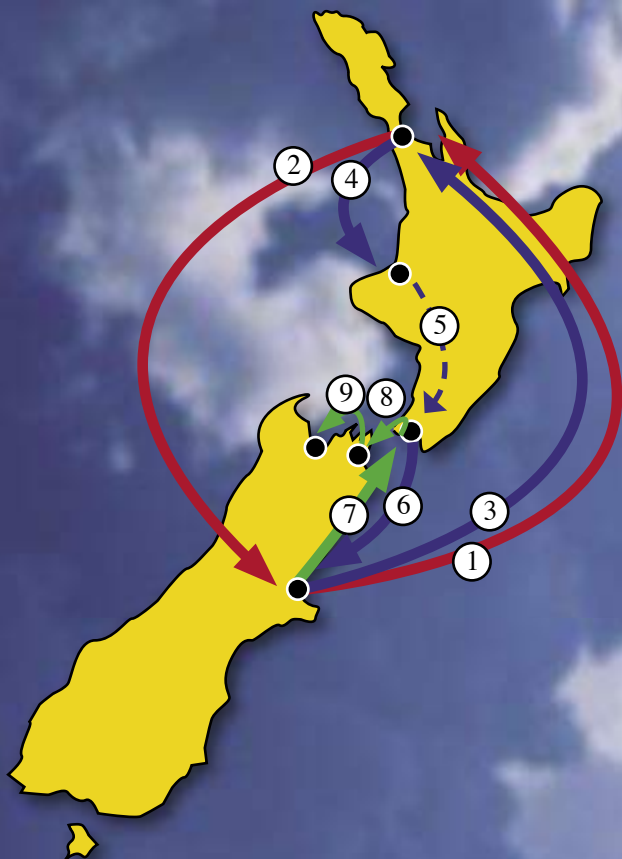
- Sausages date back to before 500bc
- Casings were originally animal intestines, now they are made from collagen (used in plastic surgery), cellulose or even a type of plastic!
- Germany has over 1200 varieties
- "Alles hat ein Ende, nur die Wurst hat zwei" - German, literally translates to "Everything has an end, only the sausage has two"
- Sausages... haven't you really got better things to do than read about sausages?





# STUDENT life

## A TRAVELLER'S



Recently Nelson Campus's very own 'Manager of Interior Grooming' Antoinette Woods, enjoyed a full day in the air, courtesy of Air NZ (and Murphy's Law?).



Leaving **Christchurch** at 9.20am to return to **Nelson**; our Antoinette was so engrossed in her glossy mag that her first flight (literally) flew by. Only one problem, she landed in **Auckland**! Air NZ had mixed our Antoinette up with another Mrs A Woods who was now sitting in Nelson.

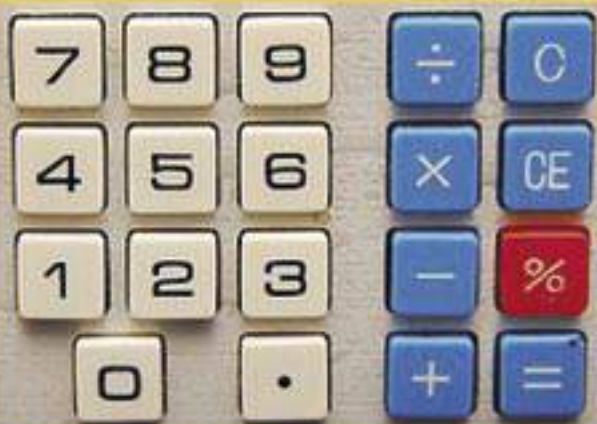
Ah well, mistakes happen, So, Air NZ simply flew our Mrs Woods back to **Christchurch**, and then off again to Nelson – this time via **Wellington**. Except not only did Antoinette not land in **Wellington** (let alone Nelson) but due to the somewhat inclement Wellington weather our (by now, philosophical) Antoinette was detoured to... **Auckland**. This time the (somewhat embarrassed) Air NZ staff acted promptly. In no time, our highly- amused Antoinette was back in the air heading for the Capital and a short-hop across the strait to Nelson.

Ahhh, clear skies finally – clear flying? – alas, no. "Ladies and gentleman, due to engine trouble we will shortly be making an unscheduled landing in **New Plymouth**, we apologise for the inconvenience". Well inconvenience is one thing, but a 3 hour bus trip from there to **Wellington** is quite another. By the time Antoinette finally finds herself at Wellington Airport she's ready for anything – which, it turns out, is a lucky thing.

While Antoinette was making her way down the country by bus someone in our esteemed national airline had determined that the fastest way to get their impromptu frequent flyer back to her home town (given available seats and flights) would be via...(drum roll) – **Christchurch**! "How does that sound Mrs Woods?" A bit like de ja vu actually Air NZ – but off went our plucky traveler with nary a groan. Once again Antoinette was heading south in order to then be able to head north – yet again.

"Welcome to Christchurch Mrs Woods, you won't believe this but the funniest thing has happened. Someone's double-booked your flight to Nelson. We've had a wee look at things and it looks like the best thing to do is to pop you back up to Wellington and they'll get you down to Nelson from there" but, by now our Antoinette is getting the hang of this. "Hold on a minute love, that's why I'm here – they haven't got any seats left on any of the flights going to Nelson from Wellington." "Well yes, not directly Mrs Woods, you're right...but how do you fancy a cuppa in **Blenheim**?" We'll have you on the ground in Nelson well before 8 – promise". "Yeh right!"

Footnote: Antoinette's inability to get flustered or annoyed by her bizarre day so impressed Air NZ that she has since enjoyed a complementary return trip to see the grandkids in Tauranga. On the way there was a small incident regarding a 2 hour detour, a rental car and a poorly signposted 7 exit roundabout – , but that's another story.



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